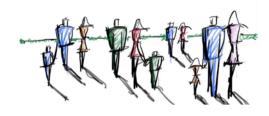
# Serangoon Moral Family Service Centre

2019

Empowering Self. Enhancing Lives. Enriching Communities

Annual Report



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### OUR VISION

Empowering Self. Enhancing Lives. Enriching Communities.

### MISSIÓN STATEMENT

We are dedicated to providing holistic services to strengthen resilience in individuals and families.

### Our VALUES

### Sincerity

We seek to serve with respect, trust and integrity.

### Mastery

we strive for excellence in our practice by investing in our people.

### Foresight

We aim to be forward-looking and responsive to the changing needs of our communities.

### Support

We value a culture of sustainable collaborative partnerships.

### Commitment

We pledge to make a difference through passion and compassion.

### 01 Organisational Information

### Structure & Management

Society UEN S99SS0090L

IPC Registration Number 98-052SMF Banker Development Bank of Singapore (DBS)

Audítor Helmí Talíb & Co

Registered Address Blk 238 Serangoon Ave 2 #01-47 Singapore 550238

### **Our Funding Sources**

Our centre is funded by

- 1. Ministry of Social and Family Development (MSF)
- 2. Tote Board Social Service Fund (TBSSF)

### **Reserves Policy**

Restricted fund will be used to benefit the programmes funded by Ministry of Social and Family Development (MSF) and Tote Board Social Service Fund (TBSSF).

SMFSC's Reserve Policy is to have 2 to 4 years of the Centre's projected operational expenses and the reserved amount will be reviewed annually by the Management Committee.

### **Conflict of Interest**

All Management Committee members and staff employed by Serangoon Moral Family Service Centre were given a copy of the Conflict of Interest Policy and they had acknowledged the receipt upon reading of the policy.

They are obliged to make full disclosure to the Chairman of Management Committee when a conflict of interest situation arises.

### 02 Management Committee

The Management Committee sets and regularly reviews the strategic direction, oversees governance, and ensures that the FSC achieves its objectives and goals.

<u>Management Committee Members</u>	<u>Meeting</u> <u>Attendance</u>
Er Ong Ser Huan* (Chairman)	3/3
Mr Au Yeong Hoh Wai* (1st Více-Chairman)	3/3
Mr Seah Hung Meng Philip (2nd Vice-Chairman)	3/3
Mr Tay Poey Kíang*, PBM (3rd Více-Chaírman)	3/3
Ms Koh Ah Nah, Wínníe (Honorary Secretary)	2/3
Er Lím Kwee Guan (Assístant Honorary Secretary)	1/3
Mr Seah Choon Khee, Roger (Honorary Treasurer)	2/3
Mdm Leong Chong Hoe (Assístant Honorary Treasurer)	2/3
Mr Chan Hwee Tong* (Member)	0/3
Mr Chíang Kheng Joo Bernard, PBM (Member)	1/3
Mr Foong Foo Kheong (Member)	3/3
Mr Kok Kee Eng* (Member)	2/3
Ms Lím Ruo Xí, Dawn (Member)	3/3
Er Lum Chong Chuen (Member)	3/3
Ms Sím Chay Khíng, Julíe (Member)	2/3
Mr Tan Kíng Chaí Gary*, PBM (Member)	3/3

\* As there are no suitable members to take over the positions, 6 Management Committee members have served for more than 10 consecutive years.

None of the Management Committee members received any remuneration for their Management Committee Services.

### 03 Achievements

Information & Referral (I&R)



665

IGR enquiries were processed

**Casework & Counselling** 

599 Total cases handled





The Straits Times School Pocket Money Fund (STSPMF)

\$20,660

Dísbursed

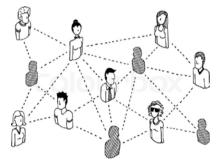


44

Beneficiaries



Joint SSO-FSC workplan sharing



Networking activities

Staff Training

2240

Training hours to strengthen staff competencies



### Group Work – Pit Stop

Pít Stop ís a groupwork to enhance functioning by inculcating healthy self-concept and self-esteem so that Children and adolescents can maximise their strengths, talents and abilities.

#### April – November 2019

The 7th and 8th runs were conducted in St Gabriel's Primary School and Yangzheng Primary School.



 children completed the programme successfully

Participants playing a game in identifying the G basic types of emotions





Participants discussing about importance of family in their lives

### Community Work (Kampong Friends)

#### Objectives

- To enhance individual and family social network support connection.
- To build capacity in local communities to respond to the needs of individuals and families.

Kampong Friends is guided by the Asset Based Community Development (ABCD) approach. We hope to build on the *assets* that are found in the *community* and mobilises individuals, associations, and institutions to come together to *realise and develop their strengths*.

Kampong Friends aims to work with the community to help the community to outreach and advocate for their own community. The team will:

- a) Conduct weekly outreaches to elderly residing at Lorong Lew Lian through our Lim Kopi programme.
- b) Collaborate with community partners for community outreach projects.
- c) Empower residents to volunteer and contribute to the community.

Kampong Friends @ Lorong Lew Lian

Weekly sessions



Average participants per week



Lím Kopí 3<sup>rd</sup> Anníversary









Christmas Celebration 2019 MP Seah Kian Peng joined the seniors at Lim Kopi in games and Celebration

#### Kampong Friends - Kampong Harvest (Community Garden)

The ídea to build thís community garden was based on resídents' feedback gathered during community walks conducted ín 2018.



Core team residents who collaborated with the Centre to plan initial phases of the garden

3 Core team members

20 Core team

Core team meetings



Residents working together to build the community garden during garden gatherings





Active members





A basic gardening workshop conducted by NParks for residents

Residents sharing their composting knowledge and experience with each other



### Kampong Friends' Blessings



Relaunch of Kampong Fríends' Blessings in August with a revised trolley banner The new donation board with display of monthly donation requests

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Donations received



beneficiaries

#### Kampong Friends - Sudoku Class

<u>Objective</u> To keep the elderly minds active, engaged and healthy.





March - May 2019



### Project @ 223A (Kampong Carnival)

Outreaching to the residents residing in the rental block 223A.

A carníval was held for the residents of blk 223A, Serangoon Ave 4 on 14 September 2019.





Through this carnival, the agency managed to gain valuable insights of the aspirations the residents had for their community and shared living spaces.



### Project @ 223A (Kampong Carnival)



A focus group discussion was subsequently held with interested residents to gain clarity and understanding of the role agency can play in asset-based community-driven development that focuses on community strengths and assets rather than on deficits and problems.



This is in line with the asset-based community development framework the agency has adopted in its community work programmes and it recognises that all communities have strengths and assets.



Everyone in a community has skills, interests and experience that can help strengthen their community. The engagement of the residents will continue in 2020, and the focus will be to use what is present in the community and then work together with the residents to build on the identified assets of all involved.

#### Research



As part of our strategic review, the agency has decided to shift its focus from merely running programmes to evaluating the programmes to determine if the programmes are creating the decided effects in the client population. In 2019, we decided to conduct a research into one of our long standing and well established groupwork programme, Pit Stop.

The first part of this involved getting a committed team of social workers who were keen to take the initial foray into the field of research. The second phase involved finding suitable research mentors to guide us in drawing up the research proposal. The research proposal has been approved by the mentors and we are now in the midst of completing the research by end 2020.



In July 2019, the research team attended the 9th International Conference on Social Work in Health and Mental Health held at the University of York in United Kingdom. The seminar is one of the shortlisted seminars in which we hope to present our findings eventually. The seminar also provided the necessary exposure into what is required to present papers in overseas conferences. The team gained great insight of similar field of studies around the globe and recent advances and technological breakthroughs in groupwork practices.

### Volunteer Development



Actíve volunteers



Ad-hoc volunteers



Lím Kopí volunteers -Idea Sharíng

Appreciation Lunch with the Lim Kopi volunteers



Volunteer teaching Lim Kopi seniors how to make Chinese New Year lanterns





Appreciation Dinner with the Project@223A volunteers



Lím Kopí volunteers conducting a group game for the seniors

### 05 Student Placement

#### January – April 2019

1. <u>Student</u> Ms Renu Theresa d/o Valentíne Rajantharen Síngapore University of Social Sciences (SUSS)

<u>Supervísors</u> Ms Adelíne Chew, Executíve Dírector Ms Nancy Cao, Assístant Seníor Social Worker

#### February – March 2019

2. <u>Student</u> Ms Pang Jía Weí Nanyang Polytechníc (NYP)

<u>Supervísor</u> Mr Muhammad Al-Hakím, Socíal Worker

#### May – June 2019

3. <u>Student</u> Ms Cheong Míng Fang Natíonal Uníversíty of Síngapore (NUS)

<u>Supervísor</u> Ms Janís Leow, Seníor Social Worker

4. <u>Student</u> Ms Khoo Wenlín Natíonal Uníversíty of Síngapore (NUS)

<u>Supervísors</u> Ms Adelíne Chew, Executíve Dírector Ms Wong Yí Lan, Seníor Socíal Worker

5. <u>Student</u> Ms Yeo Tze Xing Lois National University of Singapore (NUS)

<u>Supervisors</u> Ms Adeline Chew, Executive Director Ms Jasmine Oh, Social Worker Ms Dorothy Tan, Social Worker

#### July - October 2019

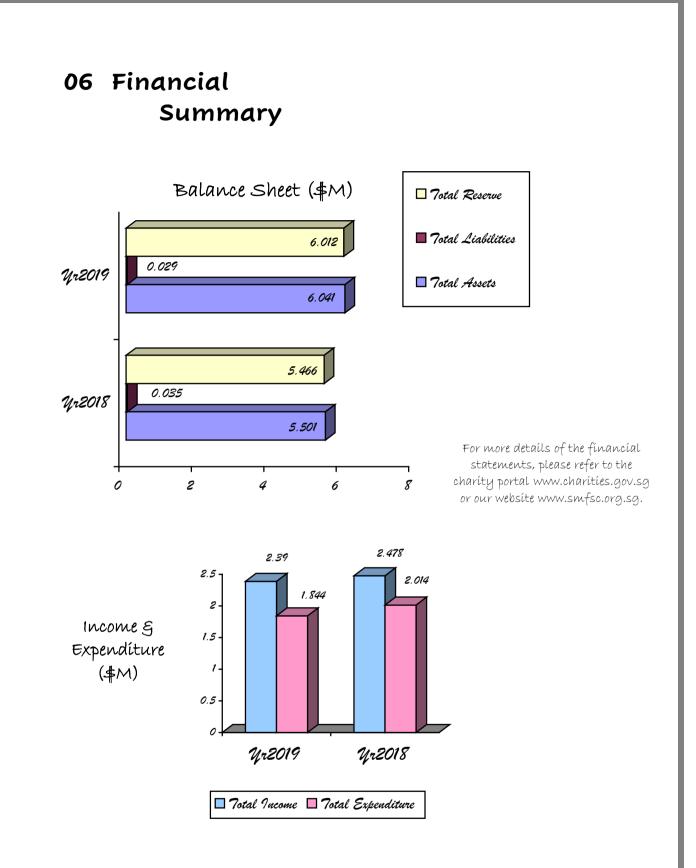
6. <u>Student</u> Ms Nurul Qístína Bínte Mohammad Rízal Síngapore Uníversity of Social Sciences (SUSS)

<u>Supervisor</u> Mr Gerard Matthews, Senior Social Worker

### August – November 2019

7. <u>Student</u> Mr Eríc Goh Zhí Peng Síngapore Uníversíty of Social Sciences (SUSS)

<u>Supervísor</u> Mr Gerard Matthews, Seníor Socíal Worker



Number of key managements in remuneration bands

\$ 80,000 to \$100,000 -	2
\$100,001 to \$150,000 -	2
\$150,001 to \$200,000 -	1

### 07 Acknowledgement

Without the help and continued support from our partners, Serangoon Moral FSC would not have been able to deliver its services and reach so many lives.

<u>Operational Funding</u> Ministry of Social and Family Development (MSF) Tote Board Social Service Fund (TBSSF)

#### With Support From

Chee Hoon Kog Moral Promotion Society Serangoon Moral FSC Management Committee Members

#### Corporate Donors / Sponsorship

3M Singapore Aviva Singapore Braddell Heights MPS Office and GROS Central Singapore Community Development Council (CSCDC) Chee Hoon Kog Moral Promotion Society Food from the Heart Hien San Tuan Housing and Development Board (HDB) LEGO Síngapore Lighting Hearts Lighting Homes Moral Home For The Aged Sick North East Community Development Council (NECDC) South East Community Development Council (SECDC) TENA SINGAPORE Tían Kong & Kancanarama Buddhíst Temple The Boys' Brigade in Singapore The Food Bank Singapore Ltd United Bakery Supplies Pte Ltd United Overseas Bank

\* We apologise for any inadvertent omission of the particulars of our donors, community partners and volunteers. Serangoon Moral Family Service Centre would like to thank all donors and volunteers for their contributions.

#### Serangoon Moral Family Service Centre

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Instagram	www.instagram.com/serangoonmoralfsc/

#### Our Partners in Social Services



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Approved by the Management Committee Members on 11 January 2020